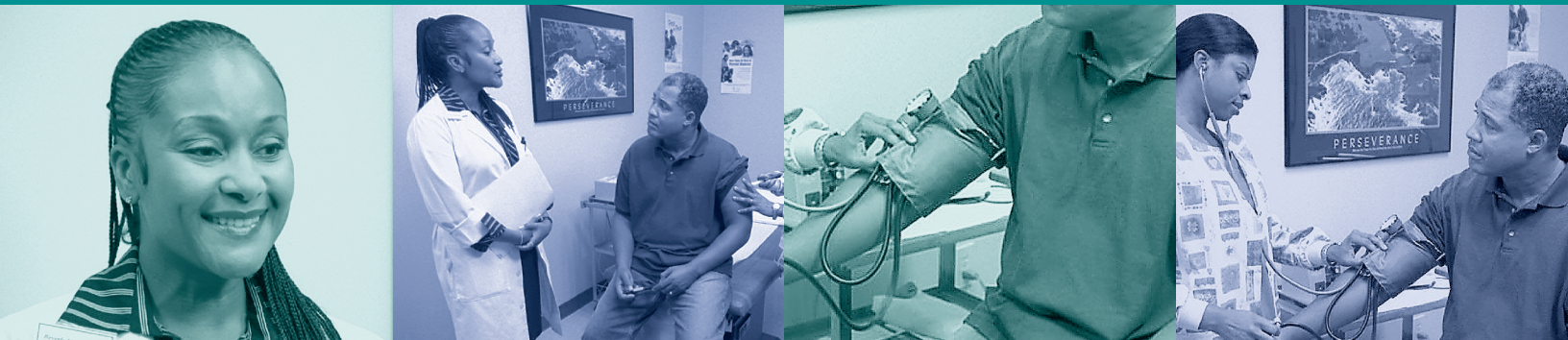


New Beginnings



A Discussion Guide for Living Well with Diabetes



Based on Themes from the Film *The Debilitator*



Diabetes

1-800-316-0935

Missouri Department of Health & Senior Services
Bureau of Cancer and Chronic Disease Control
www.dhss.mo.gov/diabetes



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NATIONAL
**DIABETES
EDUCATION**
PROGRAM

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Disclaimer

The Debilitator is an independently produced film created by Millennium Filmworks. The film is not an NDEP product, and as such, the NDEP does not have the rights to use, reproduce, or broadcast the film. The NDEP is not responsible for the content of *The Debilitator* film, and reference to this film does not imply an endorsement of products developed by the organizations that funded and created this film. Information on obtaining this film is provided solely as a service for users of this NDEP discussion guide. It is possible to use this discussion guide without access to the film. Contact Millennium Filmworks at <http://www.millenniumfilmworksinc.com> or call (404) 717-4383 for further information on obtaining the film. Photographs in the discussion guide that are related to *The Debilitator* film were provided by Millennium Filmworks, Inc.

Single copy or bulk order purchases of the film plus discussion guide can be made through the Public Health Foundation at www.phf.org. On the website, click on Bookstore and then Diabetes to locate the guide and film.

The Missouri Diabetes Prevention and Control Program purchased several copies of *The Debilitator* film that can be borrowed through the Missouri Department of Health and Senior Services Audio Visual Program. The film is available in VHS (#VH004878) or DVD (#DV0007) format. See pages 119-120 for a request form and instructions for requesting the film. Since the film is needed for several sessions of this guide, the film can be borrowed for up to three months, and can be renewed for another three months if needed for a longer period of time.

The Missouri Diabetes Prevention and Control Program is providing copies of most of the handouts referenced in this guide. They can be found in the Handouts section at the end of the guide.

This guide and handouts can be accessed electronically through the diabetes web page at <http://www.dhss.mo.gov/diabetes/NewBeginnings.html>. On the web page, the sessions and handouts are provided individually so you can open, print, and/or download only the portions of the guide needed. There is also an option to open, print, and/or download the entire guide.

If you have questions, please contact the Missouri Diabetes Prevention and Control Program at (573) 522-2861 or (800) 316-0935.



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